

## GP MENTAL HEALTH ITEM NUMBERS

For a comprehensive explanation of each MBS Item number please refer to the Medicare Benefits Schedule online at [www.health.gov.au/mbsonline](http://www.health.gov.au/mbsonline)

Mental Health		
Item	Name	Description / Recommended Frequency
2702	GP Mental Health Treatment Plan	Prepared by a GP who has <b>not</b> undertaken Mental Health Skills Training. Assessment of patient and preparation of a care plan with option to refer for rebated psychological services. Not more than once yearly
2710	GP Mental Health Treatment Plan	Prepared by a GP who has undertaken Mental Health Skills Training. Assessment of patient and preparation of a care plan with option to refer for rebated psychological services. Not more than once yearly
2712	Review of GP Mental Health Treatment Plan	Plan should be reviewed after 1 - 6 months
2713	GP Mental Health Consultation	Consult $\geq$ 20 minutes, for the ongoing management of a patient with mental disorder. No restriction on number of these consultations per year
2721	GP Focussed Psychological Strategies	30 - 40 minutes. Provision of focussed psychological strategies by an appropriately trained and registered GP working in an accredited practice
2723	GP Focussed Psychological Strategies	Out of surgery consultation. 30 - 40 minutes. Provision of focussed psychological strategies by an appropriately trained and registered GP working in an accredited practice
2725	GP Focussed Psychological Strategies	> 40 minutes. Provision of focussed psychological strategies by an appropriately trained and registered GP working in an accredited practice
2727	GP Focussed Psychological Strategies	Out of surgery consultation. > 40 minutes. Provision of focussed psychological strategies by an appropriately trained and registered GP working in an accredited practice
2702 / 2710	Access To Allied Psychological Services (ATAPS)	Free psychological services for: youth; health care card holders; low income earners; patients experiencing financial difficulties; patients with perinatal depression (antenatal and postnatal); culturally and linguistically diverse patients; Aboriginal and Torres Strait Islander patients; and patients who are, or are at risk of, homelessness. All GPs eligible to refer for 6 sessions + more if required. Complete and claim a GP Mental Health Treatment Plan (2702 / 2710) + ATAPS Referral Form

### GP Support and Service Directories

ATAPS Referral Form and ATAPS Psychologists Directory	Contact your Practice Support Officer (PSO) on 9477 8700 or visit <a href="http://www.gpnn.org.au">www.gpnn.org.au</a>
Local Mental Health Care Services Directory	Contact your PSO on 9477 8700 or visit <a href="http://www.gpnn.org.au">www.gpnn.org.au</a>
RANZCP Psychiatrists Directory	Contact your PSO on 9477 8700 or visit <a href="http://www.gpnn.org.au">www.gpnn.org.au</a>
GP Psych Support	Non-urgent psychiatric advice - <a href="http://www.psychsupport.com.au">www.psychsupport.com.au</a>
Psychiatric Liaison Model	Non-urgent psychiatric advice - <a href="http://www.racgp.org.au/psychiatristdatabase">www.racgp.org.au/psychiatristdatabase</a>

## OTHER PROVIDERS MENTAL HEALTH ITEM NUMBERS

For a comprehensive explanation of each MBS Item number please refer to the Medicare Benefits Schedule online at [www.health.gov.au/mbsonline](http://www.health.gov.au/mbsonline)

<b>Psychological Therapies and Focussed Psychological Strategies</b>		
<i>GP must have completed and claimed GP Mental Health Treatment Plan (2702 / 2710)</i>		
<b>Item</b>	<b>Name</b>	<b>Description</b>
<b>80000</b>	Clinical Psychologist - Psychological Therapy	30 - 50 minutes
<b>80010</b>	Clinical Psychologist - Psychological Therapy	> 50 minutes
<b>80100</b>	Psychologist - Focussed Psychological Strategies	20 – 50 minutes
<b>80110</b>	Psychologist - Focussed Psychological Strategies	> 50 minutes
<b>80125</b>	Mental Health Occupational Therapist - Focussed Psychological Strategies	20 – 50 minutes
<b>80135</b>	Mental Health Occupational Therapist - Focussed Psychological Strategies	> 50 minutes
<b>80150</b>	Mental Health Social Worker - Focussed Psychological Strategies	20 – 50 minutes
<b>80160</b>	Mental Health Social Worker - Focussed Psychological Strategies	> 50 minutes
<b>80020</b>	Clinical Psychologist - Group Psychological Therapy	Group Therapy  6 – 10 patients  ≥ 60 minutes
<b>80120</b>	Psychologist - Group Focussed Psychological Strategies	
<b>80145</b>	Mental Health Occupational Therapist - Group Focussed Psychological Strategies	
<b>80170</b>	Mental Health Social Worker - Group Focussed Psychological Strategies	