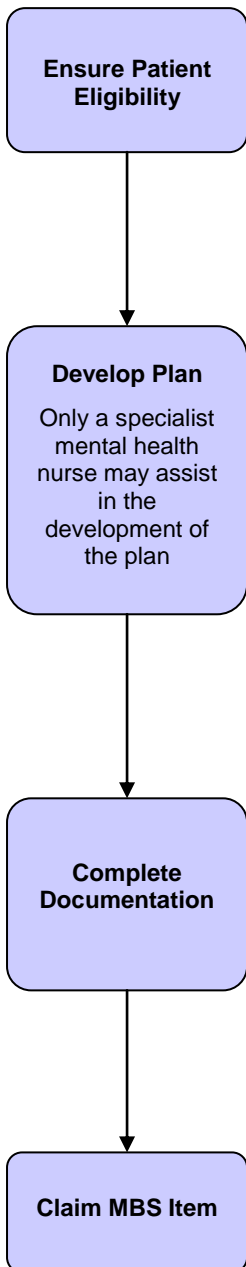


GP Mental Health Treatment Plan – Item 2702 / 2710

2702 - Prepared by a GP who has **not** undertaken Mental Health Skills Training

2710 - Prepared by a GP who has undertaken Mental Health Skills Training



Eligibility Criteria

No age restrictions for patients

Patients with a mental disorder, excluding dementia, delirium, tobacco use disorder and mental retardation

Patients who will benefit from a structured approach to their treatment

Not for patients in a hospital or a Residential Aged Care Facility

Clinical Content

Explain steps involved, possible out of pocket costs and gain patient's consent

Relevant history - biological, psychological, social and presenting complaint

Mental state examination, assessment of risk and co-morbidity, diagnosis of mental disorder and/or formulation

Outcome measurement tool score (e.g. K10), unless clinically inappropriate

Provide psycho-education

Plan for crisis intervention/relapse prevention, if appropriate

Discuss diagnosis/formulation, referral and treatment options with the patient

Agree on management goals with the patient and confirm actions to be taken by the patient

Identify treatments/services required and make arrangements for these

Essential Documentation Requirements

Record patient's consent to GP Mental Health Treatment Plan

Document diagnosis of mental disorder

Results of outcome measurement tool

Patient needs and goals, patient actions, and treatments/services required

Set review date

Offer copy to patient (with consent, offer to carer), keep copy in patient file

Claiming

All elements of the service must be completed to claim

Requires personal attendance by GP with patient

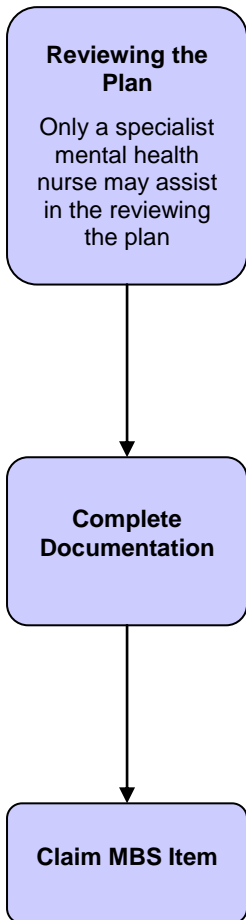
Review using item 2712 at least once during the life of the plan

Claiming a 2702 / 2710 enables patients to receive 12 rebated individual and 12 group psychology services per calendar year

MBS item	Name	Recommended Frequency
2702 / 2710	GP Mental Health Treatment Plan	Not more than once yearly

MBS item 10990 (Bulk Billing Incentive) may also be claimed for eligible patients

Review of a GP Mental Health Treatment Plan – Item 2712



Clinical Content

- Explain steps involved, possible out of pocket costs and gain patient's consent
- Review patient's progress against goals outlined in the GP Mental Health Treatment Plan
- Check, reinforce and expand psycho-education
- Plan for crisis intervention and/or relapse prevention, if appropriate and if not previously provided
- Re-administer the outcome measurement tool used when developing the GP Mental Health Treatment Plan (item 2702 / 2710), except where considered clinically inappropriate.

Essential Documentation Requirements

- Record patient's consent to Review
- Results of re-administered outcome measurement tool
- Document relevant changes to GP Mental Health Treatment Plan
- Offer copy to patient (with consent, offer to carer), keep copy in patient file

Claiming

- All elements of the service must be completed to claim
- Requires personal attendance by GP with patient
- Item 2712 should be claimed at least once over the life of the GP Mental Health Treatment Plan
- Claiming a 2712 enables patients to receive a second set of 6 rebated individual and group psychology services
- A review can be claimed 1–6 months after completion of the GP Mental Health Treatment Plan
- If required, an additional review can be performed 3 months after the first review

MBS item	Name	Recommended Frequency
2712	Review of GP Mental Health Treatment Plan	1–6 months after GP Mental Health Treatment Plan

MBS item 10990 (Bulk Billing Incentive) may also be claimed for eligible patients